

Parent & Child

Baby Boogie Woogie

Children learn spatial awareness, motor skills, and rhythm through music and group activities; and enjoy creative movement through games and songs. Sing and dance to your all time favorites! Dress comfortably, wear sneakers. Register each child separately, one parent per two children please.

Instr: Karen Renfroe-Gielgens

Loc: Old Redmond Schoolhouse Community Center Room 107

Age: 1-3 yrs Fee: \$65R/\$78N

37538 Wed Sep 14-Nov 2 9:15-10am

Pauline Hubbard



Pauline Hubbard has been a dancer for over 15 years. She minored in dance at the University of Washington where she also

taught ballet and jazz. She is a licensed massage therapist and lives and works in Redmond. Questions contact Pauline at Paulinehubbard@comcast.net

Beginning Ballet and Jazz

Great class to introduce your little ballerina to the world of ballet. Students work on large motor skills, memorization, and team work. Students learn all five ballet positions, feet and arms, as well as learning Ballerina walks, skipping, galloping, and other basic ballet steps and beginning jazz. Leotards and tights are required. This class will perform in the spring 2012 recital in May. Once January begins, this class will run from January to May. If you wish to be in recital, you will need to sign up for winter registration in December. Costume will be required for recital.

Instr: Pauline Hubbard

Loc: Old Redmond Schoolhouse Community Center Room 102

Age: 5-7 yrs Fee: \$108R/\$130N

38311 Tue Sep 13-Dec 6 5-5:55pm

38312 Thu Sep 15-Dec 8 3:30-4:30pm

Tap - Intermediate

For the student who has taken tap for a few sessions and is ready for a challenge, or for the student who has been out of dance for a few years and wants to come back. Continuation of progressions, floor work, and combinations. Steps such as double pull backs, learning wings, as well as time steps are just some of the steps we work on. Class moves at a moderate pace. If you have not taken tap 1 with Pauline, contact her for permission into this class. Tap shoes required.

Instr: Pauline Hubbard

Loc: Old Redmond Schoolhouse Community Center Room 102

Age: 10+ yrs Fee: \$110R/\$132N

38321 Wed Sep 21-Dec 14 5:15-6:15pm

Tap - Advanced

For the experienced tap dancer, technique, floor work, progressions, and combinations will be taught. Even though the class is fast paced, we still break down combinations as needed and concentrate on technique in detail. Students ages 10-18 can inquire regarding permission to join. Tap shoes required.

Instr: Pauline Hubbard

Loc: Old Redmond Schoolhouse Community Center Room 102

Age: 10+ yrs Fee: \$110R/\$132N

38314 Wed Sep 14-Nov 30 6:30-7:30pm

Teresa Osborn



Your host and professional dance instructor is Teresa from England. Teresa has presented alongside Len Goodman in

London and Worthing, and with years of experience teaching people just like you, is sure to be 'just your cup of tea'!

Thriller Dance Classes

Learn the "Thriller" Dance, limited admission class. You'll be well prepared for the "Eastside" Zombie Party - the October 29 "Thrill the World" Block Party at the Redmond Town Center. The event, a fundraiser for Second Story Repertory, promises to be the event of the fall. Wear sneakers or other comfortable shoes and bring water.

Instr: Teresa Osborn

Loc: Senior Center Multipurpose Room

Age: 8+ yrs Fee: \$5

37224 Sat Sep 24 9-11am

37225 Sat Oct 1 10am-12pm

37226 Sat Oct 8 10am-12pm

37227 Sat Oct 15 10am-12pm

37228 Sat Oct 22 ORSCC Aud 10am-12pm

Ballroom Dance - Beginning

Dancing is a great way to have fun, keep fit and make new friends. Learn dance steps such as the Foxtrot, Tango, Waltz, Swing and Quickstep; come to practice and get technique tips. Each class will focus on building up different rhythms and teaching the importance of lead and follow. Singles, couples and groups welcome. Please wear comfortable footwear, no Stiletto's or Flip Flops.

Instr: Teresa Osborn

Loc: Senior Center Multipurpose Room

Age: 18+ yrs Fee: \$80R/\$96N

38066 Mon Sep 12-Oct 31 7-8pm

Ballroom Dance - Intermediate

Dancing is a great way to have fun, keep fit and make new friends. Learn some new dance moves from the Foxtrot, Tango, Waltz, Swing and Quickstep come to practice and get technique tips. Each class will focus on building up different rhythms and teaching the importance of lead and follow. Singles, couples and groups welcome. Please wear comfortable footwear, no Stiletto's or Flip Flops.

Instr: Teresa Osborn

Loc: Senior Center Multipurpose Room

Age: 18+ yrs Fee: \$70S/\$70R/\$84N

38076 Thu Sep 8-Oct 27 7:15-8:15pm



Terrel Lefferts



Terrel Lefferts is classically trained in ballet; she studied/performed with several Midwest companies and has over 15 years of teaching experience.

Her classes focus on movement concepts as well as dance technique to offer a holistic and positive approach. For more information about classes with Terrel, visit www.terreldance.com. This site has information about level requirements and placement, instructor philosophy, curriculum and more. Also included is the schedule in table form.

Kids Ballet Tap - Level 1

Class focuses on the fundamentals of ballet and tap; incorporating specific movements and concepts such as rhythm, balance, use of space and coordination. Supportive environment that includes extensive creative movement and lots of fun.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 4-6 yrs Fee: \$109R/\$131N

38169	Mon	Sep 26-Dec 12	1:40-2:30pm
38171	Tue	Sep 27-Dec 13	10:05-10:55am
38172	Fri	Sep 16-Dec 16	1:40-2:30pm

Kids Ballet Tap - Level 2

Class focuses on the fundamentals of ballet and tap; incorporating specific movements and concepts such as rhythm, balance, use of space and coordination. A supportive environment that includes creative movement and lots of fun.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 4-6 yrs Fee: \$109R/\$131N

38175	Thu	Sep 15-Dec 12	10:05-10:55am
38176	Fri	Sep 16-Dec 16	2:40-3:30pm
38174	Tue	Sep 27-Dec 13	1:20-2:10pm

Kids Ballet - Level 3

Moving more toward a traditional ballet class, with full ballet barre, but with some creative movement and still a supportive environment with a focus on fun. For the 3rd year ballet student or 2nd-year 10 year old who is experienced and competent with ballet barre exercises. Stay for the optional companion tap class - 5:15-5:30. Try a trial/ placement/extra class on Sep. 14 and/or 21.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 8-10 yrs Fee: \$94R/\$113N
38189 Wed Sep 28-Dec 14 4:20-5:10pm

Kids Ballet - Level 4

Advanced class, students must have permission to enroll. Try the placement/trial/extra class on Sep. 19.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 8-10 yrs Fee: \$94R/\$113N
38183 Mon Sep 26-Dec 12 3:40-4:40pm

Kids Creative Ballet - Level 2

Moving more toward a traditional ballet class (with full ballet barre) but with some creative movement and still a supportive environment with a focus on fun. Student must be able to demonstrate turnout and understand the basics.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 6-8 yrs Fee: \$109R/\$131N
38178 Fri Sep 16-Dec 16 3:40-4:30pm

Kids Creative Ballet - Level 3

Moving more toward a traditional ballet class (with full ballet barre) but with some creative movement and still a supportive environment with a focus on fun. For the 3rd year ballet student or 8-year old with at least a year of experience.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 5-8 yrs Fee: \$109R/\$131N
38179 Mon Sep 26-Dec 12 2:40-3:30pm
38180 Wed Sep 28-Dec 14 2:20-3:10pm

Kids DancePlay - Level 1

A great chance to sample dance before January session or just have some fun and get moving. Parents are welcome to dance along with their child, watch from the back of the room, or drop-off depending on comfort levels. Class focuses on the fundamentals of dance; incorporating specific movements and concepts such as rhythm, balance, use of space and coordination. Includes songs, stories, dancing, following directions, having fun and participating in a group setting.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 4-6 yrs Fee: \$29R/\$47N
38230 Thu Dec 1-15 1:20-2:05pm

Kids Tap

Companion class to Kids Ballet Level 3. We'll review the basics and then move on to more and harder steps and sequences.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 8-10 yrs Fee: \$29R/\$35N
38191 Wed Sep 28-Dec 7 5:15-5:30pm

Placement Classes

Trial/placement/ extra classes for fall. These classes will be cancelled if no one has enrolled by Aug. 25.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: See Class Fee: \$7R/\$9N

38205	5-8 yrs	Wed	Sep 14	3:20-4:10pm
38206	7-10 yrs	Wed	Sep 14	4:20-5:10pm
38207	7-10 yrs	Wed	Sep 21	4:20-5:10pm
38208	8-10 yrs	Mon	Sep 19	3:40-4:40pm
38209	10-14 yrs	Wed	Sep 14	2:20-3:10pm
38210	10-14 yrs	Wed	Sep 21	2:2-3:10pm
38211	10-14 yrs	Mon	Sep 12	7-8pm
38212	10-14 yrs	Mon	Sep 19	7-8pm
38213	10-14 yrs	Mon	Nov 21	7-8pm
38214	10-14 yrs	Mon	Dec 19	7-8pm
38215	18+ yrs	Tue	Sep 13	11:05am-12pm
38216	18+ yrs	Tue	Sep 20	11:05am-12pm
38217	18+ yrs	Tue	Nov 22	11:05am-12pm
38218	18+ yrs	Tue	Dec 20	11:05am-12pm
38219	18+ yrs	Wed	Sep 14	8:15-9:15pm
38220	18+ yrs	Wed	Sep 21	8:15-9:15pm
38221	18+ yrs	Wed	Dec 21	8:15-9:15pm
38222	18+ yrs	Mon	Sep 12	8:15-9:15pm
38223	18+ yrs	Mon	Sep 19	8:15-9:15pm
38224	18+ yrs	Mon	Nov 21	8:15-9:15pm
38225	18+ yrs	Mon	Dec 19	8:15-9:15pm

Teen Ballet - Level 4

Supportive environment. Try a placement/trial/extra class on Sep. 14 and/or 21.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 10-14 yrs Fee: \$94R/\$113N
38203 Wed Sep 28-Dec 14 3:20-4:10pm

Teen Ballet Lyrical Jazz - Level 5

Advanced class, students must have permission to join. Try and placement/trial/extra class on Sep. 12 and/or 19.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 10-14 yrs Fee: \$94R/\$113N
38204 Mon Sep 26-Dec 12 7-8pm

Adult Ballet - Level 1

Ever wish you'd taken ballet earlier and now it's too late? - it's not. We'll go through posture and learn the basics of barre exercises, center, and across the floor in a supportive environment. Try this short five week class to see if you like it.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 18+ yrs Fee: \$49R/\$59N
38192 Thu Sep 15-Oct 13 1:20-2:15pm

Adult Ballet - Level 2

Class includes barre, center, and across the floor, and stretching. Varied abilities, but best for those who have done ballet before - even if it was decades ago.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 18+ yrs Fee: \$77R/\$92N
38194 Tue Sep 27-Dec 13 11:05am-12pm
38195 Thu Sep 15-Dec 15 11:05am-12pm

Adult Ballet - Level 3

Class includes barre, center, and across the floor, and stretching. Varied abilities, but best for those who have done ballet before - even if it was decades ago. Students ideally should be able to do a pirouette, waltz, and leap.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 18+ yrs Fee: \$77R/\$92N
38196 Fri Sep 16-Dec 16 11:05am-12pm

Adult Ballet Jazz - Level 3

We start with full ballet barre and off to jazz and ballet center and across-the-floor with the occasional final dance combination including elements of yoga, lyrical, etc. Varied abilities and supportive environment, but level is best for those who are familiar with ballet barre exercises, can do a pirouette, chain turns and leaps, and can learn 12 counts of choreography. Try a placement/trial/extra class on Sep. 14 and/or 21.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 18+ yrs Fee: \$77R/\$92N
38199 Wed Sep 28-Dec 14 8:15-9:15pm

Adult Ballet/Lyrical/Jazz - Level 5

A mix of styles including contemporary, lyrical, ballet, jazz, and hints yoga and modern. Presented in jazz-style using lots of ballet technique, stretching, and core strengthening, then across the floor with a final dance combination that will be new every 2-3 weeks. Varied abilities and supportive environment, but level is best for those who are familiar with ballet barre exercises, can do a double pirouette and tour jete, is familiar with lots of turns and jumps and can learn 24 counts of choreography in 10 minutes. Try a placement/trial/extra class on Sep. 12 and/or 19.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 18+ yrs Fee: \$77R/\$92N
38202 Mon Sep 26-Dec 12 8:15-9:15pm

Street Jazz

Street Jazz is basically a mix of Hip Hop and Jazz, very similar to what you see on MTV with America's Best Dance Crew and So You Think You Can Dance. Stretching is emphasized and we continue with floor progressions, turns, combinations and techniques. Jazz shoes required (black). This class will perform in the spring 2012 recital in May. Once January begins, this class will run from January to May. If you wish to be in recital, you will need to sign up for winter registration in December. Costume will be required for recital. Ballet or a year of jazz or hip hop in the past is strongly encouraged, but not required.

Instr: Terrel Lefferts

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 10-15 yrs Fee: \$108R/\$130N
38313 Thu Sep 15-Dec 8 4:35-5:35pm

Lotus Dance - Saturday Night Freestyle Dance

Love to go dancing but dislike clubs and crowds? Then join us for free-style dancing at the Enso Center in Redmond to pop and world music. More information at <http://lotus-dance.org/>

Instr: Terrel Lefferts

Loc: ENSO Center ENSO Center Studio
Age: 18+ yrs Fee: \$10R/\$12N
38235 Sat Sep 10 8-9:15pm
38236 Sat Oct 8 8-9:15pm
38237 Sat Nov 12 8-9:15pm
38238 Sat Dec 10 8-9:15pm

Tim Hickey

Tim Hickey began tap dancing 30 years ago. He has performed on tour in *My Fair Lady* and *42nd St.* He has tap danced

with legendary artists, Arthur Duncan, Dianne Walker, Sam Weber, Bob Hammer, Buddy Catlett, Ray Price and many more. Tim has taught tap and swing at dozens of studios all over the United States. Having fun and getting some exercise with tap dance is most important. Tap Happy!

Tap for Kids - Beginner to Intermediate Level

Join Tim Hickey for a tap class just for kids. Great for beginners and those that have some experience. After school schedule. Tap shoes required.

Instr: Tim Hickey

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 7-15 yrs Fee: \$36R/\$43N
38001 Tue Sep 6-27 3:45-4:45pm

Tap - Beginner Level

This is the very basics of tap dancing, we will learn basic steps that lead into progressions, and work on combinations as well as technique. Tap shoes required.

Instr: Tim Hickey

Loc: Old Redmond Schoolhouse Community Center Room 102
Age: 10+ yrs Fee: \$40R/\$48N
38284 Thu Sep 8-29 6-7pm
38285 Thu Oct 6-27 6-7pm
38287 Thu Dec 1-22 6-7pm
Age: 18+ yrs Fee: \$30R/\$36N
38286 Thu Nov 3-Dec 22 6-7pm

Tap - Intermediate Level

For the intermediate tap dancer, technique, floor work, progressions, and combinations are taught. Tap shoes required.

Instr: Tim Hickey

Loc: Senior Center Multipurpose Room

Age: 18+ yrs.....	Fee: \$40S/\$40R/\$48N
38130 Wed Sep 7-28	6-7pm
Age: 18+ yrs.....	Fee: \$40S/\$40R/\$48N
38131 Wed Oct 5-26	6-7pm
Age: 18+ yrs.....	Fee: \$40S/\$40R/\$48N
38132 Wed Nov 2-30	6-7pm
Age: 18+ yrs.....	Fee: \$20S/\$20R/\$24N
38134 Wed Dec 7-14	6-7pm

Tap - Advanced Level

For the experienced tap dancer, technique, floor work, progressions, and combinations are taught. Tap shoes required.

Instr: Tim Hickey

Loc: Old Redmond Schoolhouse Community Center Room 102

Age: 18+ yrs.....	Fee: \$40R/\$48N
38293 Thu Sep 8-29	7-8pm
38294 Thu Oct 6-27	7-8pm
38296 Thu Dec 1-22	7-8pm
Age: 18+ yrs.....	Fee: \$30R/\$36N
38295 Thu Nov 3-17	7-8pm

RSC-Tap 1

This class introduces tap dance to the novice, or returning tap students who have had experience and want a gentle re-introduction, to the dance form. Learn (re-learn) the basics: shuffles, flaps, paddle-rolls, grapevine. There will be a little choreography at end of every class. Tap shoes required.

Instr: Tim Hickey

Loc: Senior Center Multipurpose Room

Age: 18+ yrs.....	Fee: \$30S/\$30R/\$36N
38099 Mon Sep 12-26	9-10am
Age: 18+ yrs.....	Fee: \$50S/\$50R/\$60N
38100 Mon Oct 3-31	9-10am
Age: 18+ yrs.....	Fee: \$40S/\$40R/\$48N
38101 Mon Nov 7-28	9-10am
Age: 18+ yrs.....	Fee: \$20S/\$20R/\$24N
38102 Mon Dec 5-12	9-10am



RSC-Tap 2

Beginning/Intermediate tap dance for those with experience; you should know the basics (shuffles, flaps, paddle rolls). In this class we will do more choreography which incorporates time steps and more rhythmic patterns. Great exercise and fun! Tap shoes required.

Instr: Tim Hickey

Loc: Senior Center Multipurpose Room

Age: 18+ yrs.....	Fee: \$40S/\$40R/\$48N
38124 Wed Sep 7-28	9-10am
38125 Wed Oct 5-26	9-10am
Age: 18+ yrs.....	Fee: \$40S/\$40R/\$60N
38126 Wed Nov 2-30	9-10am
Age: 18+ yrs.....	Fee: \$20S/\$20R/\$24N
38127 Wed Dec 7-21	9-10am

Lunchtime Tap - Intermediate - Advanced

Lunch time tap! This intermediate to advanced level class is perfect for students with tap experience or the more experienced tapper who just wants to have fun! Tap shoes required.

Instr: Tim Hickey

Loc: Old Redmond Schoolhouse Community Center Room 102

Age: 18+ yrs.....	Fee: \$40R/\$48N
38267 Thu Sep 1-22	12-1pm
38268 Thu Oct 6-27	12-1pm
38269 Thu Nov 3-Dec 1	12-1pm
38277 Thu Dec 8-29	12-1pm

East Coast Swing - NEW!

East Coast Swing, based on a six-count step, is an American dance form first associated with Cab Calloway's famous song Jitterbug in 1934. The Jitterbug and Lindy, both forms of East Coast Swing, are danced with music from the 1920's, 30's and 40's as well as rock and roll from the 1950's and 60's. In this class, students will learn the basic six-count steps and basic partnering techniques. It's a lot of fun for men and women. Our instructor, Tim Hickey, has danced professionally on stages in Boston and New York and he loves to Swing!

Instr: Tim Hickey

Loc: Senior Center Multipurpose Room

Age: 18+ yrs.....	Fee: \$30S/\$30R/\$36N
38135 Wed Sep 7-21	7:15- 8:30pm
Age: 18+ yrs.....	Fee: \$40S/\$40R/\$48N
38136 Wed Oct 5-26	7:15- 8:30pm
38137 Wed Nov 2-30	7:15-8:30pm
Age: 18+ yrs.....	Fee: \$20S/\$20R/\$24N
38138 Wed Dec 7-14	7:15-8:30pm

Clogging

Clogging is a great form of aerobic exercise, with many health benefits. Including improved coordination and flexibility, lower blood pressure and stress relief, increased endurance, strength and lung capacity, and weight loss. Clogging is a percussive dance that keeps time with the downbeat of the music, whereas most other forms of dance keep time with the upbeat. Clogging often imitates the rhythm of the music, although it more often accents and complements the rhythms. Cloggers dance to many different styles of music including Country-Western, Pop, Rock, and of course, Bluegrass. Wear comfortable clothes and comfortable shoes with flexible soles - athletic shoes are acceptable, leather sole shoes are recommended, tap shoes are optional.

Instr: Sharon Heppes

Loc: Old Redmond Schoolhouse Community Center Room 102

Age: 18+ yrs.....	Fee: \$34S/\$34R/\$39N
34829 Tue Sep 6-27	6-8pm
34830 Tue Oct 4-25	6-8pm
Age: 18+ yrs.....	Fee: \$42S/\$42R/\$50N
34831 Tue Nov 1-22	6-8pm
37291 Tue Nov 29-Dec 20	6-8pm

HOW TO READ CLASS INFORMATION

Class name

Description

Adult Trail Ride

This program is designed for the recently experienced adult horsemen. The trail ride through the forest at Farrel-McWhirter is unique and invigorating.

Loc: Farrel-McWhirter Park Barn

Location

Age: 18 + yrs.....

Fee: \$35S/\$35R/\$42N

Senior Fee

Resident Fee

Non-Resident Fee

30569

Fri

Apr 23

4:10-5:30pm

Class #

Class Days

Date

Class Time